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Kilpatrick Athletic Center at Simon's Rock to launch fall swim offerings beginning September 12

GREAT BARRINGTON, MA — The Kilpatrick Athletic Center at Simon's Rock announces their fall swim lesson offerings for youth and adults beginning September 12, 2022. Programs for youth ages six months to 13 years old and adults are available.

The SwimAmerica School-Age Swim Lesson Program is one of the most progressive group lesson experiences your child will encounter. Because the swimmer proceeds through the ten stations at their own pace, each child feels that their needs are being uniquely addressed. The personal attention helps the most reluctant swimmer feel comfortable. The classes are goaldriven and technique-orientated, with emphasis on good swimming form — our ten teaching stations will take your child from bubbles to butterfly.

School-Age Lessons are for ages 5-13 years old and will take place on Wednesdays. September 21- November 16 (no lessons on October 5). Fees are \$80 for members and \$100 for non-members.

Preschool Lessons for ages 3-4 years will all be taught privately for the fall.

Parent/Infant Lessons for ages 7 months-23 months will take place on Saturdays, October 15-November 19. Fees are \$80 for members and \$100 for non-members.

Terrific Twos Lessons for age 2 will take place on Saturdays, October 15-November 19. Fees are \$80 for members and \$100 for non-members.

Private Lessons for all ages, including adults are also available. Lessons must be bought in packages of four. Fees for members are \$200 for four lessons and for non-members \$240.

The Snappers Swim Team also returns and will be holding try-outs for new members on Tuesday, September 13 through Thursday, September 15 from 4:00-5:45 p.m.

Returning Swimmers "Pre-Practice" will be held on Monday, September 12, Wednesday, September 14, and Friday, September 16 from 5:00-6:45 p.m.

The Advanced team (11-18 years) is for swimmers with at least 1 year experience on a swim team or who have completed Station 10 in the SwimAmerica program. Fees for members are \$550 and for non-members \$700.

The Intermediate team (9-12 years) is for swimmers who have completed Station 8 in the SwimAmerica Program or who have done an assessment with the coach. Fees for members are \$500 and for non-members \$650.

The Novice team (6-10 years) is for swimmers who have completed Station 6 in the SwimAmerica Program or who have done an assessment with the coach. Fees for members are \$400 and for non-members \$550.

More information about swim programs, schedules, and fees for youth at the Kilpatrick Athletic Center can be found here. Information for swim programs for adults can be found here. For questions, email kilpatrick@simons-rock.edu

About Simon's Rock

<u>Bard College at Simon's Rock</u> is the only college in the country specifically designed for highly motivated students ready to enter college after the 10th or 11th grade. Simon's Rock offers a challenging program in the liberal arts and sciences, taught exclusively in small seminars by supportive, highly trained faculty, who are leading scholars in their fields. The College grants degrees in more than 35 majors. The Princeton Review's *Best 380 Colleges* rates academics at Simon's Rock higher than Harvard and Princeton.

<u>Bard Academy at Simon's Rock</u> is the nation's first two-year boarding and day program designed to prepare 9th and 10th graders to start college early. A student entering Bard Academy as a high school freshman will earn an Associate of Arts degree from Bard College at Simon's Rock after only four years and a Bachelor of Arts degree after only six years. The Academy curriculum is designed and taught by students' future college professors who are leading scholars in their fields.

For more information, visit simons-rock.edu and bardacademy.simons-rock.edu.

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